

VIEKIRA PAK and VIEKIRA PAK-RBV*

*ribavirin

abbvie



viekira pak®

ombitasvir, paritaprevir and
ritonavir tablets; dasabuvir tablets

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The information in this booklet answers some common questions about VIEKIRA PAK and VIEKIRA PAK-RBV. It does not replace the advice given by your doctor, nurse or pharmacist.

Please ask your doctor any questions about your treatment.

It is important to tell your doctor or pharmacist if you are taking any other medicines, including recreational drugs and any remedies that you buy without a prescription from your pharmacy, supermarket or health-food store.

Please also refer to the Consumer Medicines Information (CMI) leaflets for more information about VIEKIRA PAK or VIEKIRA PAK-RBV. These are available from **www.medsafe.govt.nz**,^{1,2} your pharmacist or **www.viekira.co.nz**.

Getting started with VIEKIRA PAK or VIEKIRA PAK-RBV

WHAT IS VIEKIRA PAK?¹

VIEKIRA PAK is a treatment for hepatitis C (Hep C) for a specific type of the hepatitis C virus (HCV) known as Genotype 1. The Hep C virus infects and damages liver cells.

VIEKIRA PAK is used to treat chronic hepatitis C in adults, including those with a form of cirrhosis (severe scarring of the liver) causing mild liver impairment; this is also called 'compensated' cirrhosis (Child-Pugh A).

VIEKIRA PAK is a combination medicine which means it includes three medicines known as 'direct acting antivirals' (DAAs) that fight the Hep C virus in different ways.

There are two types of tablets in VIEKIRA PAK:



dasabuvir tablets (which are coloured beige with 'AV2' on one side).



combination tablets containing paritaprevir, ritonavir, and ombitasvir which are coloured pink with "AV1" on one side).

These tablets are packaged together in daily blister packs (also see page 2).

The doctor who prescribes VIEKIRA PAK for you is referred to in this booklet as your Hep C doctor.

WHAT IS VIEKIRA PAK-RBV?²



For some types of patients, ribavirin (RBV) is added to VIEKIRA PAK to maximise its effectiveness. If your Hep C doctor prescribes VIEKIRA PAK-RBV for you, you will also take a third type of tablet, containing ribavirin (which are blue tablets with '200' on one side) that come in a plastic bottle inside the monthly carton of VIEKIRA PAK-RBV.

Your Hep C doctor will decide whether you need ribavirin with VIEKIRA PAK, and how many ribavirin tablets are right for you. Turn to page 8 for frequently asked questions about VIEKIRA PAK or VIEKIRA PAK-RBV.

How does it work?

When you have a chronic (lasting a long time) infection with Hep C, the virus multiplies inside your liver cells, and will eventually damage your liver, and cause scarring which is known as fibrosis. The scarring may become severe over time and this is known as cirrhosis (pronounced as si-roh-sis).³ In some people, this damage can stop the liver from working properly.

VIEKIRA PAK includes three medicines, known as “direct-acting antivirals” (DAAs), that stop the Hep C virus from multiplying. When virus multiplication is stopped for a certain period of time, the Hep C virus can be cleared from the body.^{1,2}





How do I take VIEKIRA PAK (or VIEKIRA PAK-RBV)?^{1,2}

VIEKIRA PAK tablets should be **taken twice a day**, morning and evening, as shown on right. Three tablets (two pink and one beige) are taken in the morning and one (beige) tablet is taken in the evening.

Tablets should be swallowed whole, with a glass of water and taken with or immediately after a meal at about the same times every day.



If your Hep C doctor prescribes VIEKIRA PAK-RBV for you, write down the number of ribavirin tablets you need to take in the boxes of the dose card (on page 3). In addition, you will be given a wallet-sized dose card, that will be filled in and given to you when you collect your medicine. Your Hep C doctor will explain to you how this will work.

Each morning	Each evening
VIEKIRA PAK  Take two pink AV1 tablets and one beige AV2 tablet	VIEKIRA PAK  Take one beige AV2 tablet
Ribavirin Take ____ blue tablets 	Ribavirin Take ____ blue tablets 

Tablets are for illustrative purposes only.

You may find it useful to keep the dose card with you at all times (e.g. in your wallet). This will help you to remember when to take which tablets. If you are prescribed VIEKIRA PAK-RBV, you may have some ribavirin tablets left in the bottle after you finish the VIEKIRA PAK tablets. You can return these ribavirin tablets to a pharmacist for disposal.

How long should I take VIEKIRA PAK or VIEKIRA PAK-RBV?^{1,2}

Some people are prescribed 12 weeks of VIEKIRA PAK or VIEKIRA PAK-RBV, while others are prescribed 24 weeks.

Your Hep C doctor will tell you how long to take VIEKIRA PAK or VIEKIRA PAK-RBV. The length of time is chosen for you, and depends on how the Hep C virus has affected your liver and your past treatment experiences.

Follow all directions given to you by your Hep C doctor, nurse or pharmacist carefully.



or



To give yourself the best chance of success at clearing the Hep C virus from your body, it is vital to take all your tablets twice a day with meals until you have finished the 12 or 24 weeks of treatment. It is best to take them with a glass of water at about the same times each day.

Ideas from other patients to stay positive and motivated and keep on track with your treatment

- Take each dose at the same time every day so that it becomes a habit.
- Link taking your medicine to something you normally do (e.g. if you always have a morning coffee, keep your tablets next to the kettle).
- Put reminder notes where you'll see them every day, such as on the fridge door or bathroom mirror.
- Ask a family member or close friend to help remind you to take your medicine.
- Plan ahead if you know you may be out at the time you would normally take a dose (and take your medicine with you).
- If you will be travelling or away from home, check that you have enough medicine to last you while you're away. Plan to pick up a repeat script from your pharmacy if you need to, and don't forget to pack your treatment.
- If your routine is disrupted, such as by travelling, it can be easy to forget to take your medicine. Attach a reminder note to your toiletries kit or another item you'll use every day. Set a daily alert in your phone.
- Think of every tablet as taking control of your wellbeing, by giving your health a chance to improve without the Hep C virus.
- Set goals for the activities you may be able to enjoy once your treatment is complete and the virus is cleared.
- Remind yourself of all the people who are wishing you well.
- Reward yourself for each treatment milestone (e.g. catch up with friends when you complete your first 4 weeks of treatment).

What should I remember when taking VIEKIRA PAK or VIEKIRA PAK-RBV?^{1,2}



Always take your medicine with food

This helps the medicine work effectively. It's up to you whether you eat a snack or a full meal, and what kind of food to eat.



Swallow your medicine whole

Do not chew, crush or break the tablets. It's best to take them with a glass of water.



Keep taking your medicine

It's important to keep taking your medicine at the same times each day unless your Hep C doctor tells you to stop. Taking your medicine morning and evening will give you the best chance of clearing your body of the Hep C virus.



Important things you must also do:

- Before starting treatment, tell your Hep C doctor or pharmacist if you are taking other medicines, including recreational drugs and other remedies that you buy without a prescription from your pharmacy, supermarket or health-food store.
- If you are about to be started on any new medicines, remind your doctor and pharmacists that you are taking VIEKIRA PAK or VIEKIRA PAK-RBV.
- Tell your doctor or pharmacist immediately if you become pregnant (also see page 9 and page 12).
- Keep all of your doctor's appointments so that progress can be checked.



What are the common side effects of VIEKIRA PAK or VIEKIRA PAK-RBV?^{1,2}

All medicines can have side effects. Some side effects can be unwanted and even serious, but most of the common side effects are mild and short-lived.

The most common side effects of VIEKIRA PAK are nausea, tiredness, itching, insomnia (trouble sleeping), and weakness. For VIEKIRA PAK-RBV, people also reported anaemia (low blood haemoglobin).

The following side effects **are less common** but could occur, particularly when you are taking ribavirin (VIEKIRA PAK-RBV). You may not experience any of them, but tell your doctor, nurse, or pharmacist if you are worried by any of the following: dizziness, headaches, diarrhoea, vomiting, cough, dry skin, rash or decreased appetite.

**If you are worried about any side effects,
tell your Hep C doctor, nurse, or pharmacist as soon as possible.
They may be able to help you reduce the symptoms.**

While **allergic reactions** are very uncommon, seek medical help immediately if you experience any signs such as shortness of breath or trouble breathing, chest tightness, or swelling of the face, lips or tongue.

Serious signs of worsening liver function

You should also seek medical help immediately if you experience any of the serious problems described below, which would indicate that your liver function has deteriorated or 'decompensated':

- signs of internal bleeding
- bruising, swelling or fluid in the feet, legs or stomach
- confusion
- jaundice (yellowing of the eyes and skin)

If you have any questions about possible side effects, ask your doctor or pharmacist. You can also read the **Consumer Medicines Information** leaflets which are available from your pharmacist, www.viekira.co.nz or www.medsafe.govt.nz ^{1,2}

Why do I need to take my VIEKIRA PAK or VIEKIRA PAK-RBV on time?^{1,2}

It's very important to take your medicine at approximately the same time every morning and evening, and not to miss any doses. This keeps a constant level of medicine in your body and stops the Hep C virus from multiplying.

What should I do if I miss a dose?^{1,2}



If you miss a dose of your pink tablet and it is:

**More than 12 hours
until your next dose**

Take the missed dose with food as soon as possible.

**Less than 12 hours
until your next dose**

Do NOT take the missed dose.
Simply take your next dose as usual with food.



If you miss a dose of your beige tablet and it is:

**More than 6 hours
until your next dose**

Take the missed dose with food as soon as possible.

**Less than 6 hours
until your next dose**

Do NOT take the missed dose.
Simply take your next dose as usual with food.



If you miss a dose of ribavirin:

Do NOT take the missed dose.
Simply take your next dose as usual with food.

If you miss a dose of your medication, make a note, and make sure you inform your Hep C doctor or nurse the next time you see or speak to them.

What if I take too much (overdose)?^{1,2}

Immediately telephone your Hep C doctor, or call the Poisons Information Centre on telephone 0800 764766 [0800 POISON], or go to the Accident and Emergency Department at your nearest hospital.

Frequently asked questions about treatment with VIEKIRA PAK or VIEKIRA PAK-RBV

What should I do if I miss an appointment with the Hep C doctor or nurse?

If you miss an appointment, call to let the clinic staff know what has happened, and to book another one as soon as you can.

What blood tests will I need to have during treatment?

You may need to have certain blood tests, including haemoglobin (Hb) or full blood count (FBC) tests. Your Hep C doctor or nurse will tell you how often these should be done and which tests you need.

What happens if I notice a side effect?

Contact your Hep C doctor or nurse (who prescribed VIEKIRA PAK or VIEKIRA PAK-RBV) as soon as possible. They can give you advice on what to do. If it is a medical emergency, go to your nearest hospital and remember to take your medicine and dose card with you.

What should I do if I take too much medicine?

If you take more than your prescribed dose, contact your Hep C doctor or nurse immediately or phone the Poisons Information Centre (see page 7) or go to your nearest hospital. Take your medicine with you so you can show what you have taken.

What should I do if I am vomiting?

If you vomit, keep taking your medicine at the regular times, but tell the Hep C doctor or nurse who prescribed VIEKIRA PAK or VIEKIRA PAK-RBV as soon as possible. If you feel concerned, go to the emergency department of your nearest hospital and take your medicine and dose card with you.

What should I do with my VIEKIRA PAK or VIEKIRA PAK-RBV if I have to go to hospital?

If you have to go to hospital, you must take your medicine and dosage card with you. Ask the doctors at the hospital to contact your Hep C doctor to discuss your Hep C treatment.

What should I do if a different doctor wants me to stop the treatment with VIEKIRA PAK or VIEKIRA PAK-RBV?

Explain that your Hep C doctor has prescribed VIEKIRA PAK (or VIEKIRA PAK-RBV) and given strict directions for you to take the medicine every morning and evening for 12 or 24 weeks. Ask the doctor to contact your Hep C doctor to discuss the situation.

Can I start, stop or change contraceptives while on VIEKIRA PAK?¹

Some oral contraceptives should not be taken during treatment with VIEKIRA PAK. Tell your doctor or pharmacist if you are taking contraceptives that include ethinyloestradiol. Your doctor or nurse will ask you to stop or change to a different method of birth control (progestin-only or non-hormonal methods).

It is important not to get pregnant, or for your partner to become pregnant while you are taking VIEKIRA PAK. If you are trying to get pregnant, it is very important to first discuss this with your Hep C doctor or nurse. This applies both to women and to men who have partners of childbearing age.

Note: This is even more important if you are taking VIEKIRA PAK-RBV. Please see the section on contraception and pregnancy on page 12.

Can I take VIEKIRA PAK if I am pregnant?¹

VIEKIRA PAK is not recommended; tell your Hep C doctor or nurse immediately if you become pregnant.

Note: **VIEKIRA PAK-RBV** must NEVER be taken during pregnancy (see section on questions specific to VIEKIRA PAK-RBV).

Can I breastfeed while on VIEKIRA PAK or VIEKIRA PAK-RBV? ^{1,2}

Do not take VIEKIRA PAK or VIEKIRA PAK-RBV if you are breastfeeding or plan to breastfeed. It is not known whether this medicine passes into the breast milk. Your doctor or nurse will discuss the risks and benefits of using this medicine if you are breastfeeding.

Can I start other medicines while on VIEKIRA PAK or VIEKIRA PAK-RBV?

Always talk to your Hep C doctor, nurse, or pharmacist before taking any other medicines or treatments, including natural and herbal remedies and recreational drugs. Some medicines and remedies can interfere with the way VIEKIRA PAK and VIEKIRA PAK-RBV work.

Can I share my VIEKIRA PAK or VIEKIRA PAK-RBV treatment with other people with HEP C?

No. VIEKIRA PAK or VIEKIRA PAK-RBV has been prescribed for you because your Hep C doctor has decided that it could treat your specific type of Hep C. For the treatment to work most effectively, it's very important that you take all of your tablets, which means not sharing any tablets and not missing any doses.

How will I know if the treatment is successful?

Your doctor or nurse will arrange a blood test for you once you finish treatment with VIEKIRA PAK or VIEKIRA PAK-RBV, and 12 weeks after you have finished your treatment to see whether the Hep C virus has been cleared from your body.

What support will I have while on VIEKIRA PAK or VIEKIRA PAK-RBV?

If you have any questions about your condition or your treatment, speak to your doctor, nurse or healthcare team.

What support can my friends, family or carers give me while I'm on treatment?

For some people, taking medicine regularly can be challenging.

Friends and family can help you stay on track and take your medicine by:

- helping to plan a schedule for taking your medicine.
- giving you prompts and reminders to take tablets on time.
- talking about goals and the benefits of clearing the virus.
- giving moral support to attend doctor's appointments and tests at the clinic.
- writing down any questions or concerns to discuss with a doctor or nurse.
- listening and offering encouragement and motivation.

- assisting with everyday living activities.
- supporting lifestyle changes such as cooking healthy meals, regular appropriate exercise, avoiding risk factors such as alcohol.

It's important for those who support people with Hep C to care for themselves too.

Frequently asked questions about VIEKIRA PAK-RBV

Why do I need ribavirin?²

VIEKIRA PAK-RBV is prescribed to treat a specific type of chronic genotype 1 hepatitis C. Your Hep C doctor has decided that it is the most appropriate treatment for you. With your prescription, you will receive VIEKIRA PAK tablets in daily blister packs, as well as ribavirin tablets in a bottle. You will receive both of these together in the monthly pack of VIEKIRA PAK-RBV.

What should I do if my ribavirin dose is changed?

Your Hep C doctor may adjust your dose of ribavirin (blue tablets) based on the results of your blood tests or if you experience any side effects and will contact you to tell you about this change. They will provide you with instructions on how many ribavirin tablets you need to take each morning and evening.

If your ribavirin dose changes, please ask for a new dosage card to be filled in and given to you when you collect your next month of VIEKIRA PAK-RBV.

Even if your ribavirin dose changes, your VIEKIRA PAK dose (pink and beige tablets) will not change. Always follow the advice of your Hep C doctor or nurse, and contact them if you don't understand.

Return any left-over ribavirin tablets to a pharmacist for disposal.

What should I do if I'm not sure about my ribavirin dosage?

Always check with your Hep C doctor, nurse or pharmacists if you are unsure about what dose of ribavirin you should be taking. If you do not have a dose card, ask for one to be filled in and given to you when you collect your medicine to help you remember your ribavirin dosage.

Why do I have left-over ribavirin tablets after I have finished my VIEKIRA PAK tablets?

The VIEKIRA PAK dose (pink and beige tablets) does not change, but ribavirin (blue tablets) can be prescribed in different doses. Depending on your prescribed dose, you may have some ribavirin tablets left in the bottle after you finish the VIEKIRA PAK tablets. You can return any left-over ribavirin tablets to a pharmacist for disposal.

Can I take VIEKIRA PAK-RBV whilst pregnant or if planning to become pregnant?²

No. Do not take VIEKIRA PAK-RBV if you are pregnant or if you are trying to get pregnant. For men, do not take VIEKIRA PAK-RBV if your female partner is pregnant or planning on becoming pregnant. Ribavirin may cause birth defects and/or death of an unborn baby. Extreme care must be taken to avoid pregnancy during treatment and for 6 months after finishing treatment with ribavirin. **Two reliable forms of contraception must be used during this time.** This applies both to women and to men who have partners of childbearing age. Talk to your doctor or nurse about this.

Can I start, stop or change contraceptives while on VIEKIRA PAK-RBV?²

Some oral contraceptives (containing ethinyloestradiol) should not be taken during treatment with VIEKIRA PAK-RBV. Your Hep C doctor or nurse can give you information on alternative contraception if necessary.

Questions?

If you have any remaining questions about VIEKIRA PAK or VIEKIRA PAK-RBV, speak to your Hep C Doctor, Pharmacist, or Nurse, or go to **www.viekira.co.nz**.

For VIEKIRA PAK Consumer Medicine Information go to:

www.medsafe.govt.nz/consumers/cmi/v/viekiraPak.pdf

For VIEKIRA PAK-RBV Consumer Medicine Information go to:

www.medsafe.govt.nz/consumers/cmi/v/viekiraPakRBV.pdf

Where can I find help?

Hepatitis Foundation of New Zealand

www.hepatitisfoundation.org.nz

Ministry of Health

www.health.govt.nz/your-health/conditions-and-treatments/diseases-and-illnesses/hepatitis-c

Alcohol and Drug Association

www.adanz.org.nz/ADANZ

Community Alcohol and Drug Services

www.cads.org.nz

Hepatitis C Resource Centre (South Island)

www.hepcnz.org

New Zealand Needle Exchange Programme

www.needle.co.nz

References

1. VIEKIRA PAK Consumer Medicines Information June 2016. Available at <http://www.medsafe.govt.nz/consumers/cmi/v/viekiraPak.pdf>
2. VIEKIRA PAK-RBV Consumer Medicines Information June 2016. Available at <http://www.medsafe.govt.nz/consumers/cmi/v/viekiraPakRBV.pdf>
3. Chen SL, Morgan TR. The Natural History of Hepatitis C Virus (HCV) Infection. J Med Sci 2006; 3: 47–52.

My important contacts

Hep C Doctor: _____ Phone: _____

Nurse: _____ Phone: _____

Pharmacist: _____ Phone: _____

GP: _____ Phone: _____

Other: _____ Phone: _____

Instructions or advice from my Hep C Doctor or Nurse

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

My treatment diary – 12 weeks

You may like to use this diary to help you to complete your treatment. Write in the dates and times of your appointments and any tests or results (these may not be every week), and mark off each week of treatment you complete.

Doctor's appointment	Lab tests			Repeat script (if required)	Repeat script (if required)
	Haemoglobin	Viral load	Other		
Date/time	Date	Date	Date	Date	Date
PRE-TREATMENT					
WEEK 1					
WEEK 2					
WEEK 3					
WEEK 4					
You should have finished the first box of your treatment.					
WEEK 5					
WEEK 6					
WEEK 7					
WEEK 8					
You should have finished the second box of your treatment.					
WEEK 9					
WEEK 10					
WEEK 11					
WEEK 12					
Congratulations! You have completed your 12-week treatment course.					

DOCTOR'S NOTES:

My treatment diary – 24 weeks

Doctor's appointment	Lab tests			Repeat script	Repeat script (if required)
	Haemoglobin	Viral load	Other		
Date/time	Date	Date	Date	Date	Date
PRE-TREATMENT					
WEEK 1					
WEEK 2					
WEEK 3					
WEEK 4					
You should have finished the first box of your treatment.					
WEEK 5					
WEEK 6					
WEEK 7					
WEEK 8					
You should have finished the second box of your treatment.					
WEEK 9					
WEEK 10					
WEEK 11					
WEEK 12					
You should have finished the third box of your treatment.					
WEEK 13					
WEEK 14					
WEEK 15					
WEEK 16					
You should have finished the fourth box of your treatment.					
WEEK 17					
WEEK 18					
WEEK 19					
WEEK 20					
You should have finished the fifth box of your treatment.					
WEEK 21					
WEEK 22					
WEEK 23					
WEEK 24					
Congratulations! You have completed your 24-week treatment course.					

IMPORTANT INFORMATION ABOUT VIEKIRA PAK AND VIEKIRA PAK-RBV

VIEKIRA PAK and VIEKIRA PAK-RBV are fully funded prescription medicines when prescribed by a specialist and with an alternative arrangement on how they are available to you. Your prescriber will explain this to you.

VIEKIRA PAK and VIEKIRA PAK-RBV are used to treat chronic (long-lasting) infection with some types of hepatitis C in adults. Ask your doctor if these medicines are right for you. Normal doctor charges will apply. Always use strictly as directed. If symptoms persist or you have side effects, see your healthcare professional. Please refer to the Consumer Medicine Information that is available from your pharmacist, from www.viekira.co.nz, or from the Medsafe website www.medsafe.govt.nz.

VIEKIRA PAK is a combination therapy containing two different types of tablets: paritaprevir/ritonavir/ombitasvir (75/50/12.5 mg) tablets and dasabuvir (250 mg) tablets. **VIEKIRA PAK-RBV** is a combination therapy containing three different types of tablets: paritaprevir/ritonavir/ombitasvir (75/50/12.5 mg) tablets and dasabuvir (250 mg) tablets, plus ribavirin (200 mg) tablets.

The following information applies to both VIEKIRA PAK and VIEKIRA PAK-RBV: VIEKIRA PAK and VIEKIRA PAK-RBV include medicines called direct-acting antiviral agents, which have risks and benefits. You must not take them if you are allergic to any of the individual medicines or to any of the inactive ingredients. Do not take them if you have severe liver impairment or decompensation (Child-Pugh C), or if you take a medicine that contains any of the following: carbamazepine, colchicine (if you have certain liver or kidney problems), efavirenz, ergotamine and its derivatives, ethinylloestradiol-containing medicines (e.g. combined oral contraceptives), fusidic acid, gemfibrozil, midazolam (taken by mouth), phenobarbital, phenytoin, rifampicin, St. John's Wort, salmeterol, sildenafil (when used for pulmonary arterial hypertension), simvastatin, terfenadine, or triazolam. See Consumer Medicine Information leaflets for a complete list. Do not give VIEKIRA PAK or VIEKIRA PAK-RBV to children or adolescents under 18 years of age. Tell your doctor about any other medical conditions you may have, especially if you have had liver disease other than hepatitis C, HIV infection, or a liver transplant. Tell your doctor about any current or previous treatments for your hepatitis C. Tell your doctor if you are pregnant; if you become pregnant while taking VIEKIRA PAK or VIEKIRA PAK-RBV, immediately stop using it and tell your doctor. Do not take VIEKIRA PAK or VIEKIRA PAK-RBV if you are breastfeeding or plan to breastfeed. Tell your doctor or pharmacist if you do not feel well when taking VIEKIRA PAK or VIEKIRA PAK-RBV. Some of the more common side effects of treatment include: fatigue, nausea, itching, trouble sleeping, and unusual weakness or lack of energy. Some medicines and VIEKIRA PAK or VIEKIRA PAK-RBV may interfere with each other, so tell your doctor or pharmacist if you are taking any other medicines. **The following information applies only to VIEKIRA PAK-RBV:** The ribavirin medicine may cause birth defects or death of an unborn baby. Therefore, you must not take VIEKIRA PAK-RBV if you or your partner are pregnant, and you must take extreme care to avoid pregnancy during treatment and for 6 months after completion of treatment with ribavirin. Females and males must use two reliable forms of contraception during this time. Do not take VIEKIRA PAK-RBV if you have had severe heart problems in the last 6 months, or have a red blood cell disorder, like thalassaemia or sickle-cell anaemia. Tell your doctor or pharmacist if you have or have had heart problems, gout, severe liver disease, or kidney disease. The most common side effects with VIEKIRA PAK-RBV include tiredness, looking pale, diarrhoea, vomiting, loss of appetite, dizziness, headache, cough, shortness of breath, dry skin, and rash.

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